

# What is lung cancer?



**Lung cancer** is one of the most common types of cancer.



At the start, there are usually no signs that you have lung cancer. You won't know that you have lung cancer.



Finding cancer earlier means that it can be treated.

We set up this lung health check so we can find and treat lung cancer early.



**Lung cancer** is when some of your **cells** grow to form a **tumour** in your lung.



A **tumour** is a lump of cancer **cells**.



All of your body is made up of tiny **cells**.

# Signs and symptoms of lung cancer

You need to look out for anything unusual like:



- A cough that doesn't stop



- Coughing up blood



- Being short of breath



- Getting very tired or losing weight



- An ache or pain when you breath or cough



- Not wanting to eat anything



If you notice any of these things you should go and see your doctor.

# Support to stop smoking



The best thing to reduce your chances of getting lung cancer is to not smoke.

If you do smoke and you would like to stop:



- Speak with your doctor



- Phone NHS Smokefree on **0300 123 1044**



- Go to: [www.nhs.uk/smokefree](http://www.nhs.uk/smokefree)

# For more information



If you need more information please contact:

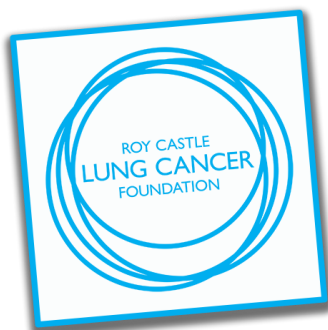
**NHS Lung Cancer Information**  
[www.nhs.uk/conditions/lung-cancer](http://www.nhs.uk/conditions/lung-cancer)



**NHS Smokefree**  
[www.nhs.uk/smokefree](http://www.nhs.uk/smokefree)



**Cancer Research UK**  
[www.cruk.org/lunghealthchecks](http://www.cruk.org/lunghealthchecks)  
[www.cruk.org/about-cancer/lung-cancer](http://www.cruk.org/about-cancer/lung-cancer)  
[www.cruk.org/smoking](http://www.cruk.org/smoking)  
Phone: 0808 800 4040



**Roy Castle Lung Cancer Foundation**  
[www.roycastle.org/information](http://www.roycastle.org/information)  
[www.roycastle.org/help-and-support](http://www.roycastle.org/help-and-support)  
Phone: 0333 323 7200